

# Dr. Mache Seibel

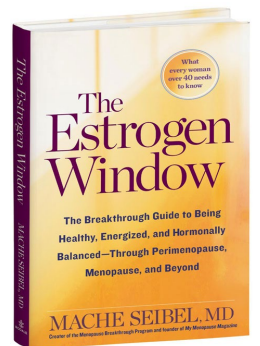
“He takes complicated topics and makes them easy to understand.”

**Karen Giblin**  
President, Red Hot Mamas



Dr. Mache Seibel is one of America’s leading voices on women’s wellness and menopause and an award-winning medical journalist. He is a highly sought after health communicator and keynote speaker with a unique ability to combine health information with original music, humor, and stories that emotionally capture the audience and hold their attention “while the medicine goes down.” A 20-year member of the Harvard Medical School faculty, Dr. Mache provides up to the second information on health, wellness, and balance in life.

Dr. Mache has received multiple national awards for speaking, teaching and research. He is Editor of *The Hot Years – My Menopause Magazine*, author of 15 books on women’s health and over 200 scientific articles. Invite Dr. Mache to your event and your audience will laugh while they learn!



## KEYNOTE & SPEAKING TOPICS

- Menopause
- Perimenopause
- BRCA & Early Menopause
- Hormones & Hormone Alternatives
- Sexual Health & Intimacy
- Sleep
- Health & Wellness
- Diabetes & Menopause
- Weight Control & Menopause
- Women in the Workplace
- Successful Aging
- Holistic Health & Wellness

## NATIONAL ENGAGEMENTS



## FOR SPEAKING FEES & AVAILABILITY

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## MEDICAL/CORPORATE PRESENTATIONS

