

Robert Myers, PhD

Clinical Child and Adolescent Psychologist Child Development Institute – Parenting Today



Dr. Robert Myers is a professional expert in child development, child psychology and parenting. He has over 30 years of experience working with children, teens and families. He is a licensed psychologist and is currently Assistant Clinical Professor of Psychiatry and Human Behavior at the University of California, Irvine School of Medicine.

Dr. Myers is able to inform parents regarding issues related to child and teen mental health, child rearing as well as current news and issues of interest to parents that is based on the latest research yet communicated so that parents can readily understand along with practical tips for helping children and teens and when appropriate, a sense of humor.

Dr. Myers also has expertise in ADD/ADHD, Attention Deficit/Hyperactivity Disorder. He is the author of *Total Focus*

(2006), which is a multimedia program to improve attention, concentration, academic achievement, social and problem solving skills as well as behavior at home and at school. *Total Focus* has received very positive reviews from several ADHD research experts and has helped thousands of parents and children since its publication.

Dr. Myers has provided presentations to schools and the general public on parenting and child development. He has also provided expert interviews for local TV and local and national radio.

He is a member of the American Psychological Association, Society of Clinical Child & Adolescent Psychology, Society of Pediatric Psychology, CHADD and Learning Disability Association of America.



Since 2000, Child Development Institute has been providing information to parents on child development, parenting, child psychology, learning and school issues, child-teen health and fitness and children and media issues on its website.

Sample Media Topics

- ADD – ADHD in children and teens
- Learning Disabilities
- Child & Teen Mental Health Issues
- Child Development
- Parenting Issues
- Kids and Media
- Talking with kids about disaster



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To arrange a media appearance for Dr. Myers or other members of our professional team, contact:

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