

Mid-Life Crisis Coach

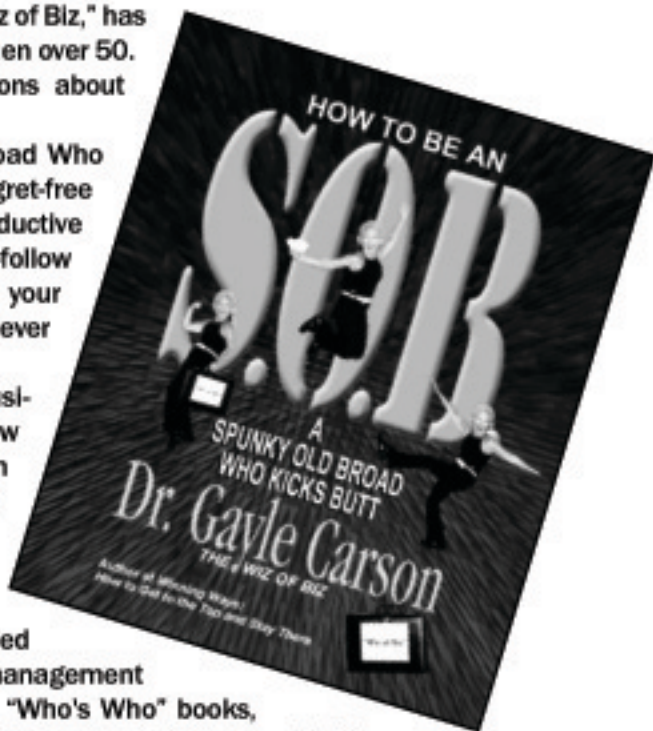
GAYLE CARSON

Dr. Gayle Carson, also known as the "Wiz of Biz," has written a new book especially for women over 50. Gayle knows how to handle questions about mid-life and beyond.

"How to Be an S.O.B.: A Spunky Old Broad Who Kicks Butt" teaches the nine secrets of a regret-free life and offers 13 key tips to living a more productive and fulfilled life. Gayle offers short, easy-to-follow advice to achieve health and fitness, open your own business, invest in real estate or do whatever else your SOB heart desires.

Celebrating more than 47 years in business, the "Wiz of Biz" heads up a radio show for Entrepreneur Magazine – "Women in Business" – which celebrates women who embody success in many different ways, giving its audience valuable life lessons.

An expert advisor and coach to CEOs and entrepreneurs, Gayle is also a CSP (certified speaking professional) and CMC (certified management consultant), who has been named to many "Who's Who" books, and whose media exposure ranges from USA Today to the Larry King Radio Show.



Gayle Carson, S.O.B.

305-310-9954

gaylecarson13@gmail.com

www.SpunkyOldBroad.com

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be who
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