

**Artist, Author,
Architect,
Public
Speaker**

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Carlton Davis, AIA, CDT, is an author, artist, architect, life coach and public speaker. A graduate of Yale University and the University of London, Davis speaks to the public about his experience and issues with bipolar disorder, creativity and mental illness -- and the two-minded self.

His book, "Bipolar Bare," chronicles his 30-year struggle to overcome mental illness.

Resolution of the conflict between these two selves constitute his recovery. Davis speaks on how he recovered through therapy, medication and meditation. His art and architecture career make him an expert in creativity and bipolar disorder.

www.BipolarBareBook.com