

Afib Patients from the US, Canada, and the Caribbean Will Convene in Dallas for the Get in Rhythm, Stay in Rhythm Atrial Fibrillation Patient Conference

DALLAS, March 9, 2015 — The Get in Rhythm, Stay in Rhythm Atrial Fibrillation Patient Conference will bring together electrophysiologists, surgeons, and other specialists to help patients, their families, and caregivers learn more about atrial fibrillation, a condition that currently affects more than 5 million Americans and will impact many more in the future. Patients and family members from throughout the US, Canada, and the Caribbean are already registered.

The information at the second Get in Rhythm, Stay in Rhythm conference can dramatically improve the lives of those living with the condition. StopAfib.org will host the event, which will be at the Hyatt Regency at DFW International Airport, March 28-29. The conference is made possible with support from industry sponsors including Bristol-Myers Squibb & Pfizer, Daiichi Sankyo, Janssen, Sanofi, AtriCure, Boston Scientific, Medtronic, Topera Abbott, AliveCor, and AfibAlert. Co-sponsors include the Heart Rhythm Society and MyAFibExperience.org.

Here are a few of the comments from previous attendees:

- “The speakers were excellent and dedicated to afib treatment and research. Best of all for me was meeting other afib patients.”
- “It was the most informative program I’ve ever attended. Excellent presentations from the speakers.”
- “Fantastic! So grateful for how StopAfib.org has changed our lives.”

This year’s event is expanding to cover a weekend of presentations and exhibits. World-renowned speakers include:

- Andrea Natale, MD, FHRS, FACC, FESC — Electrophysiologist
- David J. Wilber, MD, FHRS — Electrophysiologist
- James R. Edgerton, MD, FHRS — Surgeon
- Jonathan M. Philpott, MD — Surgeon
- Mark Link, MD, FHRS — Electrophysiologist
- Mintu Turakhia, MD, FHRS — Electrophysiologist
- Nassir Marrouche, MD, FHRS — Electrophysiologist
- Ralph J. Damiano, MD — Surgeon
- Robert C. Kowal, MD, PhD, FHRS — Electrophysiologist
- Sanjiv M. Narayan, MD, PhD — Electrophysiologist
- Susan Redline, MD, MPH — Sleep Medicine Specialist

These atrial fibrillation experts will provide presentations on a range of topics, including:

- What afib is and why it is a problem
- How to avoid afib-related strokes
- Current treatment options
- How to communicate with healthcare providers
- How to successfully live with afib

Attendees can also participate in question-and-answer sessions with these afib experts and engage in informal dialogue. Attendees can also receive additional information through sponsor exhibits and can find out how to eat smarter with afib and manage afib triggers. Also, patients and their family members can tap into a wealth of resources and support. The conference will also address how family members and caregivers can help their loved ones with afib.

What: Get in Rhythm, Stay in Rhythm Atrial Fibrillation Patient Conference

When: March 28-29, 2015

Time: 3/28, 8:30 a.m. to 5:30 p.m.; 3/29, 8:30 a.m. to noon

Where: Hyatt Regency DFW International Airport, 2334 North International Parkway, DFW Airport, Texas, USA, 75261

For more information about the conference and speakers, and to register, visit getinrhythm.com.

To make this even sweeter, AliveCor is giving away AliveCor® Heart Monitors to the first 100 people that enter and pick up their AliveCor at the conference! Once you register for the conference, go to Win a free AliveCor® Heart Monitor at StopAfib.org Get in Rhythm, Stay in Rhythm Atrial Fibrillation Patient Conference to register for the AliveCor giveaway!

About Atrial Fibrillation

As the most common heart rhythm condition, atrial fibrillation, also known as afib, affects more than 5 million Americans. One-third of those who have the condition may not have symptoms. By 2030, as many as 17 million people may have it. About 350,000 hospitalizations a year in the U.S. are attributed to afib. In addition, people over the age of 40 have a one in four chance of developing afib in their lifetime.

Getting in rhythm and staying in rhythm can be a matter of life and death. Having afib increases your stroke risk by 500 percent. Of those who have afib, 1 out of 3 will have a stroke in their lifetime. In addition, afib can lead to heart failure, dementia, and even Alzheimer's disease.

About StopAfib.org

The mission of StopAfib.org – for patients by patients – is to improve the quality of life for patients and their families, support the doctor-patient relationship, and wipe out afib-related strokes worldwide. It provides information about atrial fibrillation symptoms, causes, risks, treatments, resources, and the latest afib news and videos. The StopAfib forum also gives readers the tools to receive emotional support and stimulate discussions.

Now the No. 1 Arrhythmia site on the Internet and in the Top 5 Heart Disease sites, StopAfib.org has received HON Code Certification from the Health on the Net Foundation, signifying a credible, trustworthy medical web site.

StopAfib.org CEO and founder Mellanie True Hills is also the author of *A Woman's Guide to Saving Her Own Life* and has been featured in the *NY Times*, *Washington Post*, *USA Weekend*, AOL.com, and in *Heart-Healthy Living*, *More*, and *Success* magazines.

For more information, visit www.StopAfib.org

Media Only

Contact

Mellanie True Hills

940-466-9898

www.stopafib.org/contact.cfm