

PRESS RELEASE  
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FOR IMMEDIATE RELEASE  
CONTACT: [JCahn@AgeBrilliantly.org](mailto:JCahn@AgeBrilliantly.org)

**Age Brilliantly (.org) Announce its Academy's Summer Education Series:  
"Explorer" Online Workshops Empower Adults to Lead Fulfilling 100-Year Lives**

New York, NY. May 17, 2024. Age Brilliantly(.org), the interactive community of adults of all ages who want to maximize opportunities to lead (more) fulfilling 100-year lives, announced its Academy's Summer "Explorer" Workshop Series. These complimentary online conversations take place each Tuesday at 1 PM ET during July and August.

"Thanks to advances in science, public health, and people nurturing their 8 Life Essentials, more and more people have the potential to enjoy 100+ years of life," noted Jerry Cahn, Ph.D., J.D., the company's CEO and CLO. "Our life challenge is to figure out how to take advantage of the "gift" of increasing longevity and lead a happy and fulfilling life throughout their journey, not just post-retirement. Our Explorer Series of online workshops introduces people to ideas, resources, and tools that they can use for themselves, family members, community organizations, companies, etc."

Age Brilliantly empowers a community of adults of all ages to maximize their opportunities. Individuals, experts, service providers, government agencies and companies share information, inspiration, support, resources and tools so they can achieve their goals. As members share their own challenges and experiences, everyone gains insights on how to apply them to their lives and others.

The summer workshop series takes place on consecutive Tuesdays from July 9 through August 27, from 1-2 PM ET. Topics for all Academy programs reflect areas of interest to Age Brilliantly's diverse membership. Faculty include industry experts and providers who share members' commitment to take charge of their lives and lead intentional, fulfilling lives throughout long and healthy lifespans.

The schedule of online workshops is as follows:

- July 9** - [The Compound Effect of Financial Decisions](#)
- July 16** - [Mindset Mastery: Use Your Sage Powers for a Fulfilling Life](#)
- July 23** - [Start a Business at Any Age, on Your Terms](#)
- July 30** - [Life is Precious: Optimize Your Time](#)
- Aug. 6** - [Navigating Careers During Your 100-Year Life](#)
- Aug. 13** - [Caregiving: How to Serve Your Loved Ones and Yourself](#)
- Aug. 20** - [The Nine Steps to an Unlimited Life: Medical Advances](#)
- Aug. 27** - [Build a Thriving Business Using the Age Brilliantly Mindset](#)

People can register for individual programs at <https://Academy.AgeBrilliantly.org> and several programs at a time using the [Quick-Register Link: https://academy.agebrilliantly.org/quick-register](https://academy.agebrilliantly.org/quick-register).

Dr. cahn concluded that "for those who want additional information, inspiration, resources, support and tools to make optimal life decisions for their future-selves, Age Brilliantly will continue to expand our platform's offerings including other classes, seminars and workshops, skills and readiness assessments, and coaching services. Stay tuned!"

For more information, visit [www.AgeBrilliantly.org](http://www.AgeBrilliantly.org) contact 800-493-1334, or [JCahn@agebrilliantly.org](mailto:JCahn@agebrilliantly.org).