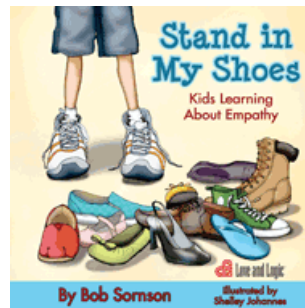


October 24, 2013

The Love and Logic Institute is pleased to announce that ***Stand in My Shoes: Kids Learning about Empathy***, by Bob Sornson, is **the best-selling book in the country on empathy**.

Empathy is the heart of Love and Logic. The practice of understanding how another person is feeling helps us build respectful connections and a strong positive emotional state. It gives us a glimpse into the heart of another person, and is the foundation of all emotional intelligence.

For decades, Love and Logic has taught parents and teachers to connect with empathy before solving problems with our children. In this beautiful book, young children can learn directly how to use empathy in their lives. This message is striking a chord across America.



Empathy is a skill that plays a significant role throughout our lives. It serves as a basic foundation for nurturing positive, caring, compassionate relationships and emotional well-being. Bob Sornson has written a truly impressive book that will help children to understand the benefits of empathy while also providing realistic examples of words and actions that reflect empathic behavior.

--Robert Brooks, Ph.D., Clinical psychologist and faculty member at Harvard Medical School, author of *Raising Resilient Children* and *Raising a Self-Disciplined Child*.

Stand in My Shoes offers a down-to-earth understanding of the power of empathy that can be appreciated by both parents and children. This book is one of those classic gems that needs to be read over and over.

- Jim Scott, Ph.D., Co-author of *Teaching and Joy*

About Love and Logic Institute

Trusted for over 35 years, Love and Logic is a philosophy founded in 1977 by Jim Fay and Foster W. Cline, M.D. It is the approach of choice among leading educators, parents, and other professionals worldwide.

The Love and Logic Institute is dedicated to making parenting and teaching fun and rewarding, instead of stressful and chaotic. We provide practical tools and techniques that help adults achieve respectful, healthy relationships with their children. All of our work is based on a psychologically sound parenting and teaching philosophy called Love and Logic.

For more information on *Stand in My Shoes*, or about author Bob Sornson, contact www.Loveandlogic.com or call 800-338-4065.