

Post-Traumatic Stress Expert

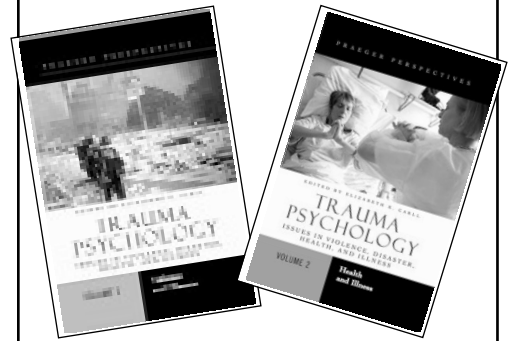
Dr. Elizabeth Carll

An internationally recognized clinical and consulting psychologist, author and speaker, Dr. Elizabeth Carll is an expert on stress management and well-being and its impact on health, coping with traumatic life events, including violence in the family, workplace, and world events.

She is the author and editor of a variety of publications, including *Trauma Psychology: Issues in Violence, Disaster, Health and Illness*. She is also an authority on the mind-body connection to health/illness, body image, eating disorders, family relationships, cyber-stalking, and e-bullying, especially relating to children and teens and other media issues.

She is the chair of the United Nations NGO Committee on Mental Health and U.N. representative for the International Society for Traumatic Stress Studies. Dr. Carll has responded to numerous disasters and served on the American Psychological Association's National Disaster Response Advisory Task Force for seven years and founded the New York State Psychological Association Disaster/Crisis Response Network, the first statewide volunteer disaster response network in the nation, which she coordinated for ten years.

Frequently interviewed by national and international media, Dr. Carll is also a past president of the Media Psychology and Technology Division of the American Psychological Association.



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