

# Learning to Be Healthy Through Music

DocRock, creator of HealthRock® ([www.healthrock.com](http://www.healthrock.com)), is a renowned doctor and award-winning educator who teaches health through original music and entertainment. His core belief is "It's better to stay well than to get well."

DocRock offers chicken soup in the form of catchy songs with meaningful lyrics and educational patter to teach the "hows" and "whys" of key health issues.

DocRock can:

- Entertain or speak on health using music for meetings, corporate events, educational venues;
- License existing songs;
- Create new works for your audience.

# DOCROCK™

aka  
Mache  
Seibel,  
M.D.

*health  
educator,  
speaker,  
entertainer*

*Dr. Seibel has been featured or quoted in:  
The Today Show, ABC, Fox, NPR, PBS, NECN, Inside Edition, People Magazine, Vogue, the New York Times, Wall Street Journal, Boston Globe, Washington Post, L.A. Times and others*



Available for interview with media

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