

Kathryn Seifert, Ph.D.

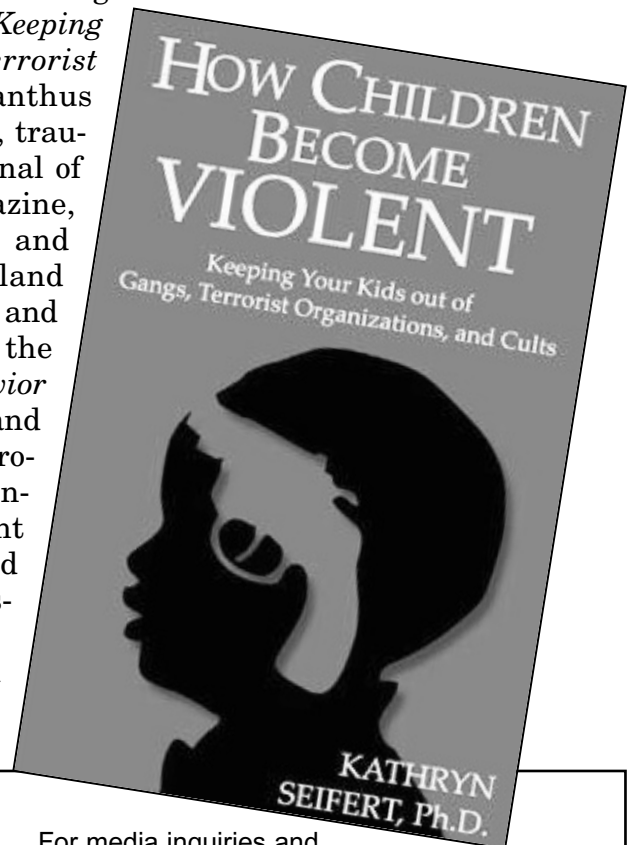
Trauma Expert

Kathryn Seifert, Ph.D., is a psychotherapist, author, speaker and researcher who specializes in family violence, trauma and stress management and has more than 30 years of experience in mental health, addictions and criminal justice work. She is the founder and CEO of Eastern Shore Psychological Services (www.ESPSMD.com), a private practice with three public mental health clinics and a healthy families prevention program. The agency focuses on serving children, adolescents, and at-risk youth and their families.



Dr. Seifert is the author of the award winning book, *How Children Become Violent: Keeping Your Kids out of Gangs, Terrorist Organizations, and Cults* (Acanthus Publishing), and her articles on violence, trauma and risk have appeared in *The Journal of Psychiatry and Law*, *Paradigm Magazine*, *Reaching Today's Youth*, *Self-Help and Psychology Magazine*, *The Maryland Psychologist*, *Hot Psychology Magazine* and the *Forensic Examiner*. She is also the author of *CARE2 (Chronic Violent Behavior Risk and Needs Assessment)*, a manual and assessment that allows mental health professionals to understand the risk of potential violence in youths and how to prevent and treat it. The kit is widely used and trusted as a premier youth risk assessment in the industry.

Dr. Seifert lectures nationally and internationally on youth and family violence.



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